



WHAT TO PACK CHECKLIST

Check your activities and program schedule to see what pack list best suits your needs. Be prepared for all types of weather, and pack your bags yourself to make sure you haven't forgotten anything. Items **marked with an (*)** can be purchased through Dragonfly and delivered to the school before the camp starts. See our website at www.dragonfly.com.hk for more information on equipment, including links to weather and regional information.

Comfortable and sturdy shoes are a must. For the water sports sections, we require participants to wear closed-toed shoes. Sandals and flip flops (slippers) do not offer enough protection from rocks and underwater hazards and CANNOT be used for these activities.

Please pack all of your gear into a backpack so that you have your hands free when you are walking. DO NOT bring single strap packs for use as a daypack. Also, we recommend that you do not bring MP3 players, electronic games, or excessive cash.

BASIC EQUIPMENT (for day trips and all other programs you must have these items)

What to pack/wear:

- Everything inside a **small day pack***
- Quick drying shorts or long pants and shirt
- Sturdy sport shoes/closed toe shoes or water shoes
- One litre water bottle
- Sun Hat or cap
- Sun block and insect repellent
- Raincoat
- 1 extra shirt/shorts to change into for trip home
- Swimsuit
- Towel
- Warm jumper

Optional:

- Camera
- Sunglasses
- Snacks
- Small personal first aid kit
- Flip flops or sandals for after activities
- Reading book

RESIDENTIAL PROGRAM: HONG KONG AND CHINA (in addition to the above BASIC EQUIPMENT, add the following). Note: The number of clothes items you carry will depend on the length of your program. Plan for one pair of shorts or pants for each day, 1 shirt for each day, and 1 pair of socks and underwear for each day

- Everything in a **large backpack***
- Shorts, pants and shirts
- Socks and underwear
- Personal toiletries
- Extra pair of shoes
- **Headlamp*** or flashlight
- **Extra glasses** or contact lenses
- Optional: Sleeping bag, sheet
- For flight or train travel, a suitcase can be used to hold all the above items

TENTED OVERNIGHT CAMP (in addition to the above BASIC EQUIPMENT and RESIDENTIAL, add the following)

- **Sleeping Bag***
- **Sleeping Mat***
- **Headlamp*** or flashlight
- Personal plate, bowl, cup and eating utensils

COLD AND COOL WEATHER

Hong Kong in November to March, and China from October to May can have cool and cold weather. Check the weather forecast, and prepare by packing the following as needed:

- Warm coat
- Jumpers and sweaters
- Long underwear
- Gloves
- Warm hat
- Long sleeve shirts
- Scarf